



Return to Sport Phase 2 Protocol

(As of 6/10/2020)

PHASE 1

Competitive Teams
Only

PHASE 2

In-house Team
Limited Recreational
Classes

PHASE 3

Resume Regular
Operations

Published Office Hours Via Phone & Email Only.

Entering Facility

- Parents take students temperature prior to class. Children with elevated temperatures, coughing or any other flu like symptoms are required to stay home.
- Athletes that present these symptoms will be sent home.
- Drop Off/Pick Up encouraged.
- No more than 1 adult per athlete in building. No siblings allowed.
- All Adults must wear masks when in building.
- Everyone will be required to sanitize/wash hands upon entering building.

Physical Distancing & Traffic Flow

- Lobby/waiting areas will have no seating, tables or snacks.
- 6 foot social distancing will be enforced.
- Classes will be staggered to avoid a congestion point.

Workouts / Class Guidelines

- Stations and activities will be modified to allow safe distance between athletes.
- Spotting is limited to necessity for all groups.
- Employees will disinfect/sanitize throughout workouts and nightly.
- Modified workout schedule.
- Handouts will be digital.

Athlete Guidelines

- Arrive dressed and ready for class with no extra items.
- Drinking water allowed in clear bottle as water fountain will be closed.
- Sanitize/wash hands throughout the class.

Facility Preparation

- Facility has been thoroughly cleaned and disinfected.
- High touch surfaces will be disinfected throughout each day.
- Hand Sanitizer stations throughout building accessible and monitored for refill.
- Drinking fountains will be closed for now, students must bring water bottles.
- Only marked cubbies available for use.

Employee Guidelines

- Employees will follow wellness standard that includes temperature checks.
- Employees will wash/sanitize hands prior to class and at regular intervals.
- Employees will be trained on procedures and prepared to enforce any distancing protocols.
- Employees will be wearing face masks or shields through June.

MOVING TOWARDS THE FUTURE